

Member Choice Cigna 90 Now

Better customer experience starts with choice.



When it comes to getting access to the right pharmacies, customers want options and convenience.¹

A pharmacy network designed to boost engagement and avoid surprises.

Member Choice Cigna 90 Now puts customers in control of where they fill their 30- and 90-day medications. Customers can choose the pharmacy location and pharmacist care team that works best for them.

With pharmacists playing an increasingly important role on the care team, there's opportunity to drive better patient adherence, clinical outcomes, satisfaction and overall health care savings.

Did You Know?

77% of people see pharmacists as an integral member of their health care team.²

FAQ.

1. How are networks determined?

- **Clients:** Cigna HealthcareSM will assign the network anchor for the client. If the client chooses, they can switch designated anchor networks.
- **Customers:** Customers will be aligned to the client anchor.

2. How does it work? Customers have access to more than 55,000 retail pharmacies - including CVS Pharmacy, grocery chains, local, and independent retail pharmacies.

- **30-day network:** Access to more than 55,000 in-network regional and independent pharmacies.⁵
- **90-day network:** Access to more than 30,000 in-network regional and independent pharmacies.⁶

3. Can a customer change the assigned network?

After the plan effective date, customers can change their network chain one time per calendar year to Walgreens by calling Cigna Healthcare or by visiting MyCigna.com[®]. Customers can also change their network chain upon certain events, such as relocation by calling Cigna Healthcare.

4. Are network selections made at the subscriber level, or the individual level? Every covered member in the household can choose the pharmacy network that works best for them.⁷

5. When can customers switch networks? Customers have the option to change anchors once during the plan year and at other certain events, such as relocation.

6. Are 90-day benefit designs available? Yes, clients can elect either a voluntary or exclusive benefit design for 90-day maintenance medications. This plan design feature determines whether filling the 90-day supply is required at one of the 30,000 pharmacies in the network.

- **In-store and home delivery options:** Customers can fill 90-day maintenance medications at an in-network retail 90-day pharmacy, including Express Scripts[®] Pharmacy.
- **Opportunities for savings:** Moving to 90-day fills for maintenance medications can drive cost savings³ for customers and improved prescription adherence.⁴

A team-based approach.

Having a pharmacist on your care team may drive better patient adherence, clinical outcomes and satisfaction. It's part of Cigna's Healthcare's whole-person, value-based care approach.

Member Choice Cigna 90 Now

Members have access to a large network that includes local pharmacies, grocery stores, retail chains and wholesale warehouse stores, in addition to their preferred anchor retail pharmacy.

Anchor Option 1	Anchor Option 2
CVS Pharmacy	Walgreens
30-day supply: 55,000 pharmacies 90-day supply: 30,000 pharmacies	30-day supply: 55,000 pharmacies 90-day supply: 30,000 pharmacies
Voluntary or Exclusive 90-day supply benefit design available at one of 30,000 pharmacies. Network excludes Walgreens.	Voluntary or Exclusive 90-day supply benefit design available at one of 30,000 pharmacies. Network excludes CVS Pharmacy.

Member Choice Cigna 90 Now offers more choice to customers and more flexibility to clients, minimizing disruption.

Contact your Cigna Healthcare Representative today to learn more.



1. What Healthcare Consumers Want Today, Forbes, 2022. <https://www.forbes.com/sites/forbestechcouncil/2022/06/03/what-healthcare-consumers-want-today/>.
2. The Prescription of Trust, Columbia University Mailman School of Public Health, 2021, https://www.publichealth.columbia.edu/sites/default/files/the_prescription_of_trust_final.pdf.
3. Savings based on moving from one-month supply to three-month supply. Your savings may vary based on plan design.
4. Internal Cigna Healthcare analysis performed 2021. Individual/client aggregate results will vary.
5. CVS Pharmacy 30-day Network and Walgreens 30-day Network, as of April 2023. Subject to change.
6. CVS Pharmacy 90-day Network and Walgreens 90-day Network, as of April 2023. Subject to change.
7. Members aged 13+ can self-select their pharmacy network in myCigna.com®.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, contact a Cigna Healthcare representative.

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